

**PERSONAL HEATH HISTORY**

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

**YOUR MEDICAL HISTORY (Do YOU have any of the following?)**

additional room on back if necessary

YES	
	Asthma/Lung Disease
	Cancer
	Breast Disease
	Kidney Problems
	Diabetes (age of diagnosis)
	Liver/Gallbladder Disease
	Heart Disease
	High Blood Pressure
	High Cholesterol
	Phlebitis or Blood Clots
	Seizures/Epilepsy

YES	
	Thyroid Problems
	Depression
	Bowel Problems
	HIV/AIDS
	Anemia
	Hepatitis
	Osteoporosis/Fractures
	Blood Transfusion
	<b>Allergic to Latex</b>
	<b>Allergic to Iodine</b>

History of abnormal PAP(s) (describe when an any treatment: \_\_\_\_\_)

Have you ever had pelvic infections:    \_\_\_\_\_ Yes    \_\_\_\_\_ No (If yes, please describe): \_\_\_\_\_

Do you have a history of infertility? (Please explain): \_\_\_\_\_

Have you been diagnosed with, or treated for:

- Herpes     Gonorrhea     Chlamydia     Genital Warts/HPV  
 Trichomonas     Bacterial Vaginosis     Syphilis

HOSPITALIZATIONS/SURGERIES (other than childbirth)	YEAR

CURRENT MEDICATIONS	ALLERGIES

## Your FAMILY Medical History

\_\_\_\_\_ Both parents are alive and well

Mother: \_\_\_\_\_ Living \_\_\_\_\_ Deceased Age/Cause: \_\_\_\_\_

Father: \_\_\_\_\_ Living \_\_\_\_\_ Deceased Age/Cause: \_\_\_\_\_

Siblings: Number living \_\_\_\_\_ Number Deceased \_\_\_\_\_ Cause(s): \_\_\_\_\_

Yes	Illness/Disease	Relationship (Maternal or Paternal)
	Breast Cancer	
	Uterine Cancer	
	Cervical Cancer	
	Ovarian Cancer	
	Colon Cancer	
	Other Cancer	
	High Blood Pressure	
	Heart Attack(s)	
	Depression	

Yes	Illness/Disease	Relationship (Maternal or Paternal)
	Stroke	
	Blood Clotting Disorder	
	Diabetes	
	Osteoporosis	
	Birth Defects	
	Alcoholism/Addiction	
	Sickle Cell, Thalassemia	
	Tay Sachs	
	Other genetic disease	

## Gynecologic History

How old were you at your first menstrual period? \_\_\_\_\_

How often do you get periods? (from the first day of one to the first day of the next) \_\_\_\_\_

How many days do you bleed? \_\_\_\_\_ Heavy \_\_\_\_\_ Moderate \_\_\_\_\_ Light \_\_\_\_\_

What do you use for birth control? \_\_\_\_\_ or Tubal or Vasectomy (circle which)

## Obstetric History

(List all pregnancies, including ***miscarriages, abortions, stillbirths, and live births***)

Date	Type of Pregnancy (C-section, vaginal, misc, abortion)	Complications/Problems	Birth Weight	Child's Name

## Social History

	YES	
Do you smoke?		If yes, how many cigarettes per day?
Do you use alcohol?		If yes, how much and how often?
Do you use street drugs?		If yes, what kind?
Have you been a victim of sexual abuse?		If yes, when?
Have you been a victim of physical abuse?		If yes, when?
Do you feel safe in your current life situation?		If no, please explain:
Do you wear seat belts?		
Do you exercise?		

What is your occupation? \_\_\_\_\_

What does your spouse/partner do? \_\_\_\_\_

Do you have a sexual partner? \_\_\_\_\_ Yes \_\_\_\_\_ No

Monogamous relationship? \_\_\_\_\_ Yes \_\_\_\_\_ No

Is your sexual partner: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ Both

Lifetime number of sexual partners: \_\_\_\_\_ (this can affect risk for abnormal PAPs)